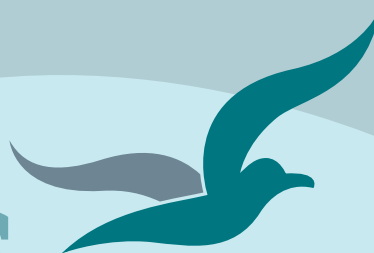


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“A shame politics has dropped to this level”

Two odd things happened at the Meet the Candidates evening in Waipu held on Wednesday 7 September. The first was a large security guard stationed at the entrance to the Waipu Presbyterian Church Hall where the meeting was held.

There were over 100 people crammed into the hall to hear from the four Bream Bay Ward candidates, seven mayoral candidates and a single Māori Ward contestant who turned up. Some candidates had brought along an entourage from other parts of the district but, even so, is Waipu that dangerous a place?

Enquiries as to who had commissioned the guard pointed to one of the Mayoral Candidates, Fiona Green. Asked if she had hired the guard and why she felt she needed this protection her reply was a “No comment.”

The other strange thing was a leaflet tucked under the windscreen wiper of my car after the meeting asking the question “Is Vince the VFF (Voices for Freedom) candidate?”

The Bream Bay News asked Councillor Cocurullo if he knew who was responsible for this. He said he did not but it had happened at subsequent meetings. I found the same leaflet under my car wiper after the Ruakākā candidates meeting on Tuesday 13 September.

Councillor Cocurullo said his team had access to security camera footage and are “progressing this through to the Police.”

He said, It is a shame that politics has dropped to this level” and it is no wonder so many candidates are feeling intimidated and bullied and are considering pulling out.

Pukapuka Party, a free fun day for Bream Bay children



Whangārei Librarian Lisa Myson invited children to get into the story book picture frame. The girls in the picture are from left: Casey Bryson, aged 6, Alicia Williams -5, Harper Nilsson 2 and Sophia Conza - 6.

All the games and activities are free and hundreds of local children with their parents and grandparents came along to Bream Bay's seventh annual Pukapuka Party, which was held under the canopy at Bream Bay College on Saturday 17 September.

More photos on page 7.

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Hayfever

The medical name for hayfever is allergic rhinitis – this means an allergy affecting the nose.

This allergy may be either seasonal, such as in spring when there is plenty of pollen or new plant growth which causes the allergy; or perennial which means all year round, when you are allergic to dust, pet hair or other irritant substances.

The severity and type of hayfever varies from person to person, but can make you miserable if not treated and the symptoms prevented.

Those people that have allergies causing dermatitis or asthma are generally more likely to suffer from hayfever; but for everyone the answer to relieving hayfever is to minimise the exposure to whatever is causing the symptoms.

Most hayfever sufferers complain of sneezing, itching and burning eyes and throat, and either blocked or running nose. Other symptoms that may occur are aches in the jaw and teeth caused by the pressure of blocked sinuses, popping in the ears, headaches and generally feeling miserable.

When you have an allergy the body releases a substance called histamine, which is why the most common medicines used to treat allergies are called antihistamines. These block the effect of histamine and will prevent any more histamine release, which should prevent the allergy getting worse.

Avoiding the substance that causes the condition is always better than taking medicine to treat the result of the exposure, but unfortunately this is not always possible.

Other treatments for the nasal blockage and congestion of hayfever usually involve a nasal solution that may be either dropped or sprayed into the nostrils. These work by washing out the nostrils or by helping to dry up and prevent further secretions from the sinuses running down the nostrils or down the back of the throat. Decongestant nasal preparations should only be used for up to five days running as they can cause nasal congestion to worsen if used for prolonged periods of time. Seek advice from your community pharmacist as to the correct nasal spray that you can use to relieve and prevent ongoing congestion.

A cough may occur from persistent nasal secretions running down and irritating the back of the throat. This is called post-nasal drip, and may also be helped by antihistamines, as this should not be treated with medicines to stop coughing.

Talk to your community pharmacist about the right medicine to treat hayfever, and seek their advice about preventing as well as treating hayfever whether you suffer from this occasionally or every day.



EDITORIAL

Pukapuka Party better than Rainbows End

I went to Keith Levy's talk about living in a small space at the Bream Bay Community Trust on Friday. He also spoke about the joy of having nothing and, while I didn't hear anyone say they were prepared to give away their belongings and move into a bus, there was general agreement that you didn't need a lot of money to be happy.

One man said as a child living in the United Kingdom during the Second World War there hadn't been a lot of disposable income around and he had worn hand me down clothing. He hadn't even seen a banana until after the war and when presented with one didn't know what to do with it and took a bite with the skin still on.

"As kids we were happy. We didn't know any different."

Keith's idea that you can live well in a small space might not be convincing to those of us who love the homes we have with our spacious bathrooms, laundries and separate toilets, but for people paying a large chunk of their income in rent or on a mortgage this might be a solution. If you are well organised and smart, small, even tiny homes, can be pretty nice and it can be liberating not having lots of possessions to worry about. The difficulty is finding somewhere to set up. Most subdivisions have rules about the kinds of homes you can build on them.

The morning after Keith's talk I went to the Pukapuka Party run by the Bream Bay Learning Community group at Bream Bay College where stalls with learning activities are set up for children to participate in for free. It takes a lot of work I am sure on the part of the organisers and I know that the Waipu and Marsden Bay Lions put \$500 each towards the day but seeing how many children and their families were participating this is pretty good value. This is much better than taking the kids for a day at Rainbows End. Here children can learn that lots of money is not essential to having a good time.

The Pukapuka Party confirms my belief in the importance and power of strong creative and connected communities. I congratulate all those who contributed to this year's success. I love the fact that with a bit of imagination you can organise a low cost fun activity for children, like for example, the *Guess What's in the Secret Forest* box on the Educare Centre stall, where, without peeping, children reached into a hole in the side of a beautifully decorated mossy green box to guess what objects lay inside.

Another thing to love about the Pukapuka Party is the way it makes the statement that this community cares for all its children.

Marilyn

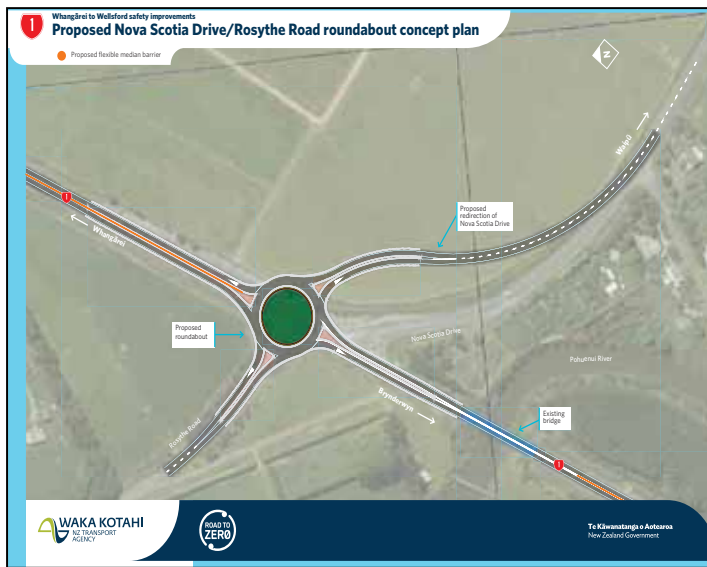
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Waka Kotahi at Labour Weekend Market

Waka Kotahi (the NZ Transport Agency) will be at the Waipu Labour Weekend Market on Sunday 23 October to explain its redesigned plans for the intersections on State Highway One near Waipu. In brief: a roundabout is proposed at the Rosythe Rd./Nova Scotia Drive intersection, the Uretiti Road intersection is to be left in, left out only as is the Shoemaker Rd. intersection. The Braigh and Millbrook Road intersection will remain largely unchanged with some flexible median barrier at the northern end of the intersection and a wide centre line at the southern end.



Work on the four intersections is predicted to begin towards the end of 2023 or early 2024. You can find information about this on the Waka Kotahi website. Look for SH1 Whāngarei to Wellsford Central Section Waipu to Wellsford. Summary of public engagement. – June 2022. Maps of now aban-

doned proposals, including a plan to install an earth bund at the end of The Braigh remain on the website, so be careful about what you are looking at. You can post comments to northlandproject@nzta.govt.nz.

BB College bans cell phones at school

From the beginning of next term students will not be permitted to bring their cell phones to school at Bream Bay College.

In his latest newsletter Principal Wayne Buckland said at a recent presentation Kathryn Berkett, who has an online Tedx Talk entitled *Neuroscience of Device Zombies* explaining how people can become addicted to social media and video games and how video games can encourage violence and risky behaviour. She suggested that if teenagers become distressed when asked to hand over their phones or leave them in a designated place outside their bedrooms overnight they are possibly showing signs of addiction. Mr. Buckland said the new policy was in response to concerns about phones being a distraction, being used for cyber-bullying and preventing healthy face to face communication between students."

He said cell phones were useful at school when students did not have other devices such as laptops and chrome books but now all students have these. Also in the past the school was charged extra to make calls to the cell phones of parents and caregivers but now the school has a phone account which doesn't charge for this so if a student needs to contact a parent they can do this from the school office.

If for some reason students do need to bring their cellphones to school these must remain in their bags and turned off during school hours.

The school will be reminding students and parents about the new cell phone rules over the remaining weeks of term three and from the beginning of term four phones in use at school will be confiscated by staff and held for parents to pick up.

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LETTERS

No space in the Waipu car park

Regarding a letter in the 8 September Bream Bay News, car parking is currently provided free of charge for short term parking in the main car park, for shoppers and visitors. On a number of occasions I have tried to park in this car park, on random days at random times and found that it was full. A number of my acquaintances have told me they don't even bother trying or waiting for a space and drive to Ruakākā or Whangarei.

This town is undoubtedly growing and a more covid free visitor season is approaching, which will make the situation worse.

I undertook a random survey, on different days during the week I noted several cars parked from early morning to mid/late afternoon. I concluded these were owners/employees of local businesses or, as somebody suggested, they are maybe using the spaces to park and ride out of town. Only a few spaces but at peak hours say Mon - Fri & Sat morning, it's critical.

If visitors and shoppers travel elsewhere through lack of parking then that's so much less trade and interest in our town.

But there is a solution already in place. The car park behind the Celtic Barn/Coronation hall is available for parking all day(Excluding event days and Bank holidays). Parking permit tickets could be handed out, free of charge, where appropriate by those businesses with employees who need to drive to work.

A big fuss over nothing? Maybe, but the town is growing, hopefully with commercial infrastructure to match. Please let's park sensibly and where it's appropriate, before we get to a pay and display parking situation, which has already been suggested.

Paul Barton
Waipu

Wheelchair accessible swing coming soon to Waipu

Asked about the cost of the new children's playground in the Waihoi Park, Sue Hodge the Whangārei District Council's Manager of Parks and Reserves said this was \$96,000.

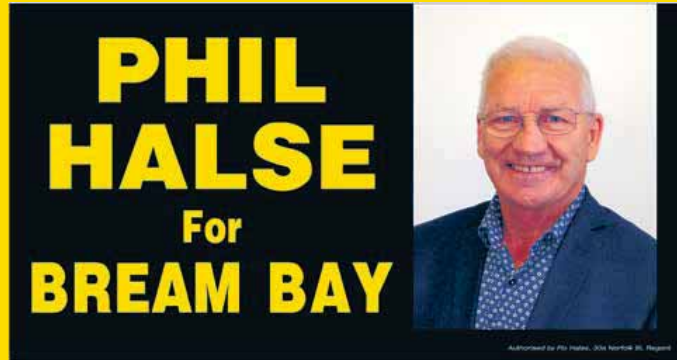
She explained, "We renew our playgrounds regularly as the maintenance costs start to increase to a point that we need more than scheduled weekly inspections." Sue said there was one more piece of play equipment to come, which is a swing accessible for children in wheelchairs.. The Northland based organization Children with Disabilities has fundraised \$10,000 for this with the Whangārei District Council meeting the remainder of the cost.

Ten-year-old Alex and his mother Kylee Ostermann were disappointed to find the wheelchair swing in the Whangārei Town Basin playground had been removed.

The swing will be concreted into place and a wheelchair friendly path will need to be built from the carpark.

The swing is large enough for older people to use.

Kylee said, "Most people seem to like that swinging sensation. It would be something Alex could enjoy for the rest of his life."



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Police Report

Burglary at Ruakākā Roundabout service station

At 3am on Sunday morning 18 September a thief smashed the office door in at the gas service station at the Ruakākā Roundabout. The man whose image was captured on CCTV attempted unsuccessfully to force his way into the cigarette cabinet and then grabbed a packet of biscuits. He also removed draws from the cash register and loaded them into a car, which Police have identified as one reported stolen in Auckland. Police enquiries continue.

Boundary fence cut at refinery complex

The boundary fence around the old Marsden Oil Refinery complex was cut overnight on 11 September. It appears from CCTV footage the offender was attempting to steal scrap metal but did not manage to remove any.

158kmph on State Highway One at Waipu

A vehicle reported as travelling at 158kmph on State Highway One at Waipu was stopped by Police at 6pm on Saturday 17 September. A 28-year-old Whangārei man will be appearing in the Whangārei District Court as a consequence.

Stolen car found burned out in Dargaville

A car was stolen from behind the shops in Waipu at 11am on 7 September. It was later found completely burned out in Dargaville. Police are following some good leads from available CCTV footage.

Digger trailer stolen

A digger trailer was stolen from Langs Beach on 2 September. It is described as a Tandem axle trailer with a blue ribbon stripe above the wheels.

Waipu Fire Brigade rescued man from overturned car

A man had to be cut from his car by the Waipu Fire Brigade after his vehicle flipped off the road and into a ditch on the side of Takahiwai Rd. at around 10pm on Saturday 17 September. Joe McNamara who came upon the accident on his way home that evening said he was impressed by the efficiency of the Waipu Brigade who had arrived on the scene just 15 minutes after the accident. The fire fighters had spread a sheet on the ground for the rescue helicopter to land however this wasn't needed as the man was found to be uninjured.

Thefts from rural mailboxes

Mail, including voting forms for the Local Government Elections, was found by the Rural Mail Delivery strewn on the ground around mailboxes along One Tree Point Rd between Carrs Quarry and McCathie Roads on Saturday morning 17 September and on Monday morning 19 September morning along Heatherlea Place. RD Contractor Joe McNamara has reported this to the Police and said people could deter would be thieves by clearing their mailboxes before dark.

Two crashes in Ruakākā on Monday morning

There was a crash between a ute and a log truck on Marsden Point Rd. alongside the Ruakākā shops on Monday morning 19 September. No one was injured. That same morning there was also a single vehicle crash on Port Marsden Highway and again no-one was injured.

Fifteen Family Harm incidents

Bream Bay Police were called out to 15 family harm incidents in the fortnight 5 – 19 September. This is three times more than in the previous fortnight when



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Learning about the lake



Koha Wassell, Raiden Hart and Leonard Bonner, all aged 12, identifying fresh water fish with the help of some picture cards

Bream Bay College Year Seven students and children from One Tree Point Primary spent the day at the Ruakākā Dune Lake (now known as Roto Pāpera) on Thursday 15 September, learning about the creatures that live in the lake and in wetlands nearby, how dune lakes are formed and how to test for water quality.

Staff from the Department of Conservation and the Northland Regional Council set up stalls and were on hand to talk to the children as was the Patuharakeke Taiao environmental group, while Bream Bay Coastal Care members cooked a BBQ lunch for everyone.

In between looking at fish, invertebrates and peering through water turbidity tubes the children played a bull rush game with some taking on the roles of pollution, fishermen and birds and others being tuna (or eels) making their way up stream as tiny glass eels into rivers and lakes and then when fully grown back into the sea to spawn and facing multiple journeys on these journeys.

Ari Carrington of the Taiao group said he had found the name for the lake in some old papers. He explained Pāpera is the name of the gray duck and roto is the word for lake. Pāpera are native to New Zealand, Australia, New Guinea and the South Pacific.



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Pukapuka Party pics




The Martin sisters: Harper, aged 8, Hartlee - 6, Hazel - 3 and baby Haven - 6 months had a fun morning with their parents at the Pukapuka Party



Sakura Richards Ng, aged 7, carefully choosing a book at the swap table




Brothers Carter, aged 7, and Corby Cassidy - 6, take a look at the contents of their reward goodie bags. The bags containing books, stationery and small chocolate bars were given to children who completed five or more of the activities on offer.



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Can you help with a survey on seaweed strandings in Bream Bay ?



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Waipu history report kept under wraps despite being paid for by ratepayers

Despite a report on the history of Waipu being paid for by the Whāngarei District Council: i.e: the ratepayers, this will not be available for the public to read until sometime next year when the Waipu Placemakers Plan, which it will inform, is completed.

The Council commissioned Dr. Vincent O'Malley and Dr. Joanna Kidman to prepare the report. Dr. O'Malley is a historian specializing in Treaty of Waitangi Research and author of a number of books on New Zealand History including "The Meeting Place: Māori and Pākehā Encounters." Dr. Kidman is Professor of Māori Education at Victoria University. She is currently working on a research project entitled He Taonga te Wareware: Remembering and Forgetting New Zealand's Colonial Past, which her website informs

us "investigates how New Zealanders selectively remember and forget difficult and violent events from our colonial past."

The Bream Bay News requested a copy of the report and was asked by Claudia Gonzales Pino, a Senior Planner with the Whāngarei District Council, what the purpose of our request was. She said any use of the report outside the Placemaking Plan project would need to be authorized by Dr. O'Malley. When told that we would like to share the contents of the report with Bream Bay News readers and that, as this report was paid for by ratepayers, we believe it should be available for people to read, she replied "I appreciate your interest in the Historic Overview report and in sharing it with your readers."

"However, the Historic Overview report was commissioned and prepared to inform the Placemaking Plan for Waipu which is currently in the making. Once the Placemaking Plan is completed and adopted by Council (First half of 2023) a copy of the plan and the Historic Overview report will be available in the WDC web page. At this stage we will not be sharing the report."

The Bream Bay News has sent in an Official Information Request for a copy of the said report. We have also asked how much it cost.

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Some questions from the floor

Warren Daniel of the Ruakākā Resident and Rate-payers Association put the question to the seven Mayoral candidates – **Should the Mayor's casting vote be used to change the status quo?**

Mike Budd – “No if you can't get a majority than you are not doing your job as Mayor.”

Shaquille Shortland – “If you elect someone as Mayor than you are trusting them to make wise decisions. I wouldn't use it much but there might be times when this is needed to stop issues coming back again and again.

Nick Jacob – “I don't really favour it. If you have to use it you haven't worked as a team.

Brad Flower – “The casting vote should be used to keep the status quo. You can then go back and try to work through the issues.

Fiona Green – People (on Council?) aren't reading though the material provided. You have to love reading to be on Council. If people read through the material you shouldn't have to use the casting vote.

Vince Cocurullo – I believe in democracy. The casting vote was used way to many times by the previous mayor. It should have been used to preserve the status quo. An example is the decision to change the ward situation. This decision was reversed by the Local Government Commission. He agreed with Fiona Green that it would be helpful if Councillors read their agendas properly.

Ken Couper – The casting vote is sometimes needed to move things forward. I don't believe we should get rid of it. If it is necessary it should be used to maintain the status quo.

Sue Jolly of Bream Bay Coastal Care asked the Mayoral candidates **Should people continue to be permitted to drive vehicles on Bream Bay beach?**

Mike Budd – I'm not for it at all. I don't understand why vehicles need to be driven on the Beach

Shaquille Shortland – I don't drive. I would support the wishes of the community.

Brad Flower – If the beach is designated as a road people can drive on it but we need to control the behaviour of beach drivers.

Fiona Green – This is something you need to get into the Long Term Plan.

Vince Cocurullo – If the local community decides it doesn't want vehicles on the beach then we need to abide by that decision.

Nick Jacob – I love four wheel driving but would never drive on the beach. Rules for driving on the beach are unenforceable.

Ken Couper – The time has come in this community to take a stand against vehicles on the beach.

The same question was put to the four Bream Bay Ward candidates at the Waipu Meet the Candidates evening on Wednesday 7 September.

Shilane Shirkey – No they should not.

Phil Halse – No

Steve Bean – Many people get a lot of enjoyment by driving on the beach but vehicles do damage the shellfish beds and I think there will come a time when they will no longer be permitted on the beach.

Ken Couper who is also standing for Mayor did not get the opportunity to answer this question at the Waipu meeting.




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Dr Christian Wieser and Dr Shirley Wallace





BB Community Trust hui to find out what the community wants

The Bream Bay Community Support Trust is holding two community consultation hui next month on: Tuesday 4th of October at 5.30pm and on Friday the 7th of October at noon following the regular community connection session.

Sharon Russell, the trust's CEO said she values hearing from people face to face. She said people can make suggestions on the trust's website or on facebook but these means of communication do not work for everyone.

We really want to hear what people want. In her previous occupation as a nurse she came to realize that unless you were addressing the concerns people felt most keenly she could not really help.

"I might be talking to someone about their diabetes but all the while their biggest concerns were housing or family issues."

The trust holds regular Community Connection meetings at 10 am each Friday and several new initiatives have come from suggestions made here. One participant taught others to knit and Peggy squares are being collected to sew together into blankets to give out to people who need these in the community.

Another initiative is a cancer support group, which meets regularly with people coming together to offer one another support.

Sharon said she wants to dispel the myth that the community trust is just for a certain demographic. She recently spoke at a Bream Bay 60s up meeting where people were surprised to hear about this open door policy.

"We want to hear what the needs are in the community."

Help needed at Ruakākā's Alzheimers daycare programme

Alzheimers Northland is looking for a volunteer who can help with a day program at the Ruakākā St John centre on Tuesdays and Fridays from 10am to 3pm. Alzheimers Northland's community advisor Gaye Chaplin, said two staff run the sessions but are unable to take lunch breaks and it would help to have a volunteer to cover for them. Already a volunteer helps out one day a week so the new person would only need to commit to one day a week and would not necessarily need to stay for the entire session.

As the people who come to the program are often elderly the volunteer would need to be fully vaccinated against Covid 19 and (as for most volunteer positions where you work with people) would need to undergo a Police check.

Ten people suffering from Alzheimers attend the sessions, which give their caregivers a break.

Gaye said there is a waiting list of people who would like to join the program but "we can only do what we can."

She said the waiting list for respite care in residential care homes is even longer. If you would like to help out at the day programme please phone Gaye - 022 507 4257 or email gaye.chaplin@alzheimers.org.nz



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Waipu Lions donations total \$17,304 over six months

Despite having to cancel its big Waipu Car Show fundraiser earlier this year because of Covid 19 restrictions, the Waipu Lions Club has in the six months from January 2022 – July 2022, given away \$17,304.

The biggest donation: \$10,000 went towards a new intensive care unit at Starship Children's hospital in support of a project launched by the Warkworth Lions. Other donations were: \$1079 to the Waipu Netball Club for new balls, \$1,000 to the Pulse Dance company to send dancers to a national competition, \$1,000 to Northhaven Hospice, \$1000 towards the Pukapuka Party, \$500 to the Tongan Relief Fund, \$500 to the Waipu Fire Station, \$500 to the Waipu Citizens and Services Club, \$500 to the Waipu on Ice disability day, \$250 enabled a child to attend a school camp and \$385 raised from the collection of aluminium cans went to Kidney Kids - a not for profit organisations that supports children with kidney disease and their families. To help with this cause you can drop off aluminium cans in a collection bin outside the Waipu Citizens and Services Club

Keeping up to date with your vaccinations is really important, even if you've already had COVID-19.

You can catch COVID-19 more than once. Boosters help protect you from getting very sick from COVID-19, ending up in hospital, and even death.

Keeping up to date with your vaccinations is one of the most important things you can do to help protect yourself, your whānau and your community.

A booster will provide extra protection from a previous vaccination and help your immunity be stronger and last longer. And, by staying as healthy as you can, you help reduce pressure on our communities, businesses and the health sector.

If you've had COVID-19, you can get your booster three months after you tested positive. Make sure you are up to date with your COVID-19 vaccinations.

Check your eligibility at **Covid19.govt.nz** or call **0800 28 29 26**.



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against
COVID-19**

Te Whatu Ora
Health New Zealand

Te Aka Whai Ora
Māori Health Authority

MARSDEN POINT HIGH TIDES

	AM		PM	
Thu 22 Sept	4.29	2.1	5.07	2.3
Fri 23 Sept	5.25	2.2	5.54	2.4
Sat 24 Sept	6.14	2.3	6.37	2.4
Sun 25 Sept	7.59	2.4	8.17	2.5
Mon 26 Sept	8.41	2.5	8.56	2.6
Tue 27 Sept	9.23	2.5	9.36	2.6
Wed 28 Sept	10.04	2.5	10.17	2.6
Thu 29 Sept	10.47	2.6	11.00	2.6
Fri 30 Sept	11.31	2.6	11.45	2.6
Sat 1 Oct	~	~	12.18	2.6
Sun 2 Oct	12.33	2.5	1.10	2.5
Mon 3 Oct	1.26	2.5	2.07	2.5
Tue 4 Oct	2.24	2.4	3.10	2.4
Wed 5 Oct	3.28	2.3	4.16	2.5
Thu 6 Oct	4.37	2.3	5.21	2.5
Fri 7 Oct	5.45	2.4	6.20	2.6

A gift shop at the Mountfield Quarry

It's a bit of surprise when you visit the landscape supplies yard at Mountfield Quarry. Alicia Everritt (business owner) and Tori Nathan who works there alternate between loading up trailers, trucks and utes with metal, mulch, river rocks and compost at the controls of a digger and working in the onsite gift shop where they sell in Alicia's words "a lot of pretty things."



There are houseplants, Tori Nathan and Alicia Everritt at the Mountfield Quarry gift shop

dried flower-arrangements, some beautiful wooden bowls and platters with coloured resin inset, chocolates from the Waipu Chocolate Barn and lots more. There is a swap a book library and, in the school holidays, Tori and Alicia invite parents to bring in their children to make up terrariums (gardens in bottles). They have all the necessary components on hand.

It's a change from making coffee said Tori who was previously a well-known barista and hostess at a popular Waipu cafe.

The Mountfield Quarry Landscape supplies and gift shop is open Monday to Friday 8am to 4.30pm and from 8am to 12 noon on Saturdays. It is closed on public holidays and long weekends.

THE NEXT PUBLICATION DATE

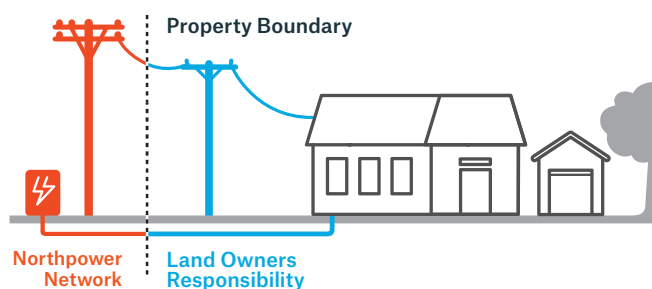
of the Bream Bay News will be Thursday 6 October
The deadline for all copy is 4pm on
Wednesday 28 September

Northpower

Latest news & updates from around our Network

Service Lines

The powerline that runs from the street to your house is called a service line. Service lines can be either overhead or underground.



Who is responsible for the service line?

Property owners are responsible for the powerlines, poles and underground cables that supply electricity from our network to their property. In most cases the service line starts at the property boundary.

Unsafe service lines

We regularly carry out safety inspections on our network and if we find any unsafe service lines, we'll contact you and let you know what work is needed to make them safe.

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Northpower FIBRE

It's a good idea to regularly check your service lines and poles. If you are concerned please contact us on **0800 667 847** or your electrician to assess the need for repairs before the situation becomes dangerous.

Trees in your service line:

We keep trees clear from our network power lines, but property owners are responsible for their own service lines. Give us a call and we can help arrange a free disconnection to stay safe while you're maintaining your trees.

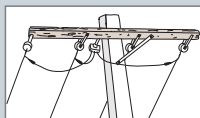
Other things to look out for:

If your service line has leaning poles, low hanging lines, crooked cross arms or shows signs of damage, phone us on **0800 667 847**.

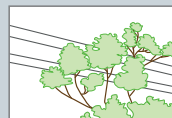
Here's what to look for:



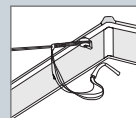
Frayed or sagging lines break easily, especially in high winds.



Look for signs of rotten wood on crossarms, check whether your poles are rotting at the base.



Keep trees away from powerlines - they can cause anything from flickering to a total outage.



Check the point where the service line enters your house - is the line old, repaired or frayed?

You are responsible for the safety and maintenance of your service line.

Find out about Unplanned Outages

If you are experiencing a power cut go to **northpower.com** (on your mobile device) to check the latest information and updates on outages.

If your outage is not showing on the website, please call **0800 10 40 40**.

For large outages we also post the information and updates on our Northpower facebook page.



The Waipu Menzshed -

Each Tuesday the old Masonic Lodge building in the Waipu Museum's Heritage Precinct becomes a hive of activity as the members of the Waipu Menzshed roll up their sleeves and get to work.

They stop at around 10am for a coffee break and last Tuesday morning they were joined by Gavin Clapperton, the Kauri Protection Specialist, with the Northland Regional Council who had come to inspect a prototype design for a roof structure to go on top of some kauri hygiene stations. The idea is the structures with sloping roofs will collect water, which can be used in remote locations to top up the spray disinfectant mix. The NRC supplies hygiene stations free of charge on private land where there are walking tracks near kauri to help prevent the spread of the disease. The Menzshed has already supplied the NRC with wooden stands for the stations.

Another big production item line is wooden boxes for rat and stoat traps. Waipu Menzshed boxes can be found in forests all around Northland and as far south

as the Coromandel.

A new line is a kitset box, which they give out to local schools and the Ruakākā Scout group for children to put together themselves.

Nothing gets wasted. Thin strips of timber cut from planks used for the trap boxes are stapled together to make trellis, which is sold to local gardeners.

The Menzshed is a non-profit organization. Any money raised goes back into maintaining the centre and buying new machinery.

Before it became the Masonic Lodge, the building the group occupies was Waipu's original hall and it now belongs to the Waipu Museum.

"We are grateful to be able to use it," says treasurer Grant Erp but it's a mutually beneficial arrangement as Menzshed members are always ready to help out with museum projects.

Northpine, the Waipu timber mill, is very generous with donations of timber so items can be supplied to community groups at very good prices. .



Workshop manager Neville Ruebe and Gordon Walker showing a kauri hygiene station roof prototype to Gavin Clapperton, NRC Kauri Protection Specialist,

Waipu Menzshed donates to Daring restoration

The Waipu Menzshed has donated \$1,000 to the Mangawhai Daring Trust to help with the restoration of the 17 metre-schooner which was exposed in a remarkably intact condition by shifting sand on Muriwai Beach in 2018

The Daring was built in a shipyard at Mangawhai in 1863 by the young Nova Scotian boatbuilder Donald McInnes.

Nova Scotia was renown as the boat building capital of the world and these skills accompanied the Scottish migration to Waipu. An article by the Classic Yacht Charitable Trust describes the quality of craftsmanship in The Daring as "stunning".

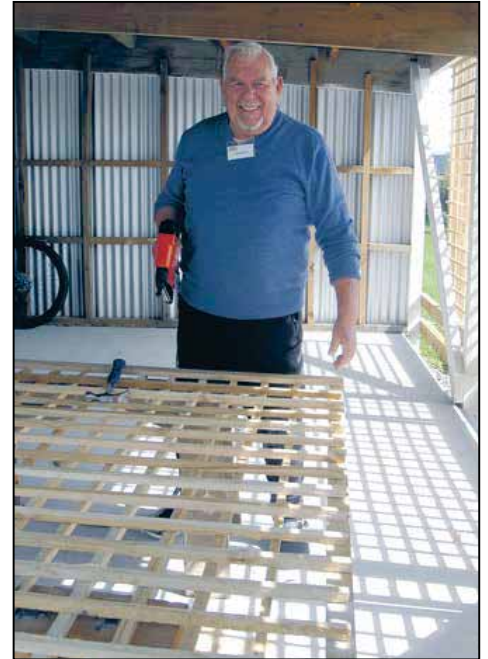
Diggers were brought in to free The Daring from the sand and she was carefully lifted and transported to a safe location, initially at Hobsonville.

In 1865 she had been purposefully beached during a storm. Her captain's plans to retrieve her when the storm abated were quashed as a second storm blew up the following day. The fact she was at anchor as well as the exceptional quality of her construction have been attributed to her remaining intact under the sand for 153 years

The Daring worked as a coastal trader transporting goods such as timber, agricultural products and supplies for the New Zealand wars around the west coast of New Zealand. Hessian bags of grass seed were found in her hull.

After various arguments about where The Daring's final resting place should be she has been returned to Mangawhai where she is being restored with the hope that a purpose built museum can be constructed where her story can be told.

John Noakes, who was instrumental in arranging the donation, said the ship is an important part of our history.



Bob Kenyon making trellis out of scrap strips of timber.

Some Menzshed members have skills in fabrication and metal work but rather than risk welding sparks in the historic wooden building a workshop has been set up nearby using some shipping containers.

Two ticks for Couper Mayor ✓



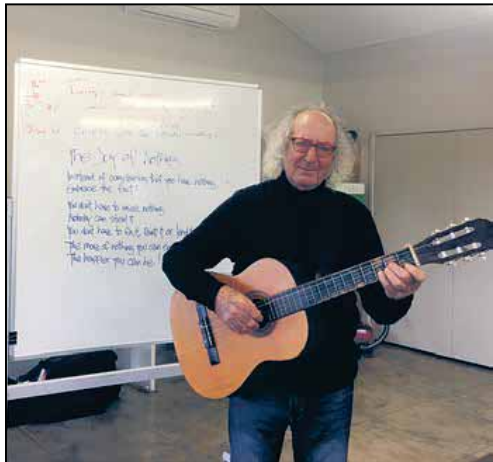
Experience on Council and local
knowledge and involvement

Councillor ✓

Authorised by Ken Couper, Waipu

How to be happy with less

Keith Levy is keen to spread the word about the benefits of living in a small space without a lot of belongings. He addressed a small group at the Bream Bay Community Trust last Friday morning 17 September telling his audience he had happily lived in a space measuring 6 metres by 2.5 metres in his 1977 Bedford



Keith Levy at the Bream Bay Community Centre

bus for the past 15 years

He related how 28 years ago he had been sailing to Tonga with his partner on board his yacht Sofia when they had been hit by a storm. Sofia rolled and dismasted. They had been rescued by the French Navy and bought back to Auckland. He said coming ashore he had realized he now had nothing and that he had found this very liberating.

Keith believes that learning to live with less in a small space could be the answer to many people's problems. He is planning another presentation, perhaps in the evening when working people can attend. Watch this space

Kaiwaka to Whangārei

SERVICE OPERATES EVERY THURSDAY MORNING

9.00am	Departs	Kaiwaka Kaiwaka Hall
9.15am	Departs	Mangawhai Village Village Shops Bus Stop (by restrooms)
9.20am	Departs	Mangawhai Heads I-Site
9.35am	Departs	Lings Beach Corner of Wairahi and Cove Roads
9.40am	Departs	Waipu Cove Beach Car park
9.50am	Departs	Waipu Monument Bus stop
10.10am	Departs	Ruakāka Peter Snell Road (opposite Takutai Place)
10.50am	Arrives	Whangārei Rose Street Bus Terminus

AFTERNOON

3.00pm	Departs	Whangārei Rose Street Bus Terminus
3.40pm	Departs	Ruakāka Peter Snell Road (opposite Takutai Place)
4.00pm	Departs	Waipu Monument Bus stop
4.10pm	Departs	Waipu Cove Beach Car park
4.15pm	Departs	Lings Beach Corner of Wairahi and Cove Roads
4.30pm	Departs	Mangawhai Heads I-Site
4.35pm	Departs	Mangawhai Village Village Shops Bus Stop (by restrooms)
4.50pm	Arrives	Kaiwaka Kaiwaka Hall

ROUTE DETAILS

FARES	One Way	Return
Kaiwaka	\$7.00	\$10.00
Mangawhai	\$7.00	\$10.00
Mangawhai Heads	\$7.00	\$10.00
Lings Beach	\$7.00	\$10.00
Waipu Cove	\$6.00	\$8.00
Waipu	\$6.00	\$8.00
Ruakāka	\$5.00	\$7.00

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IF YOU WOULD LIKE TO BE PICKED UP ELSEWHERE ALONG THE ROUTE, PLEASE PHONE LEABOURN'S TO ARRANGE THIS ON THE WEDNESDAY BEFORE YOU WANT TO TRAVEL.

CITYLINK For travel within Whangārei see CityLink Whangārei timetable www.citylinkwhangarei.co.nz or get your timetable from the Rose Street office.

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BEACH BUS TO RUAKAKA BEACH Operating every Thursday from 23 December 2021 until 27 January 2022

FARES \$10.00 per person return trip.

11.15am	Departs	Whangārei Rose Street Bus Terminus
12.00pm	Arrives	Ruakāka Beach
2.00pm	Departs	Ruakāka Beach
2.45pm	Arrives	Whangārei Rose Street Bus Terminus

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Northland
REGIONAL COUNCIL
Te Kaitiaki o te Taiohanga

A Government subsidy on public transport has been extended to January 31 2023. The fares listed above are halved until this date

Bream Bay's combined arts group to hold a Labour Weekend exhibition and sale

The Bream Bay Combined Art Group is hosting a Spring Art Exhibition at the Art Cottage, which is situated on Lakeside Park Rd. on Sunday 23rd October from 10am until 4pm. The event will be sign posted from the Ruakaka Shopping Centre.

Although members, paintings, fibre work, and pottery will be on display and on sale, there is also for a small fee non-members can reserve space to display and have their art on sale.

Expressions of interest for this exhibition close on the 25th October. Email all inquiries to ancowh2@gmail.com

Colin Coult of the BBCAG said, "This will be a great opportunity to see our local community group forging forward out of the clouds of covid and will allowing you to start your Christmas purchases, or add to your own art collection."

Orion Piano Trio at Black Sheep Farm

The next house concert at Black Sheep Farm, Waipu Cove will be the Orion Piano Trio: Marko Pop Ristov on the violin, Marco Ariani on the cello and Flavio Villani at the piano. The repertoire consists of: Piano Trio No.2 in E flat, Op. 100 by Schubert, Piano Trio No.1 in B by Brahms and Subtle Dances by New Zealand contemporary composer Claire Cowan.



The Orion Piano Trio

Zealand contemporary composer Claire Cowan.

The concert will be held on Sunday 16 October at 3pm. Tickets cost \$45 and can be purchased by phoning : (09) 4320435 or emailing homestead@blacksheepfarm.co.nz

Free ticket offer to Nukes concert

In recognition that Bream Bay has many ukulele enthusiasts (and as a way of getting this notice into the Bream Bay News) Ukulele Trio The Nukes is offering a double pass to a concert at Riverbank Centre in Reyburn House Lane, Whangārei on Friday 30 September 7.30-9.45pm along with a signed copy of its new CD. To go in the draw you need to email: thenukes08@gmail.com before 5pm on Wednesday 28 September.

Otherwise tickets can be purchased online at Whangārei Theatre Company or in person from Wards Music Shop Cameron St. The concert is a promotion of the group's new Homespun album.

Waipu Presbyterian Parish



Contacts:

Minister - Tom Waight - 432 0534

Mainly Music - Sharon Smith - 432 1050

Toy Library - Julie Malone - 432 0388

Church Hall Hire - Cally James 432 1536

Family Welfare & Foodbank:

Co-ordinator - Helen Matheson - 432 0239

Budgeting Advice - Bruce Matheson - 432 0239

The Crossroads Trust (financial support) Peter Couper - 432 0524 or email lynnettejones@xtra.co.nz

Sunday Services

Ruakaka - Camellia Ave - 8.45am

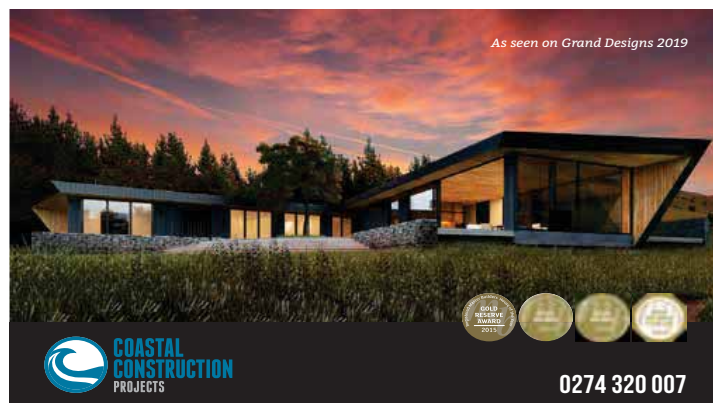
Waipu - 50 The Centre - 10.15am

Working with you
- for your Community

WHAT'S ON IN BREAM BAY

- **PAPAROA ARTISAN MARKET** Locally produced arts, crafts and food. Next on 25 September from 12 noon to 4pm, then ongoing on the 4th Sunday of every month. In the Paparoa Memorial Hall.
- **MUSIC CLUB** at the Ruakākā Recreation Centre. Next on Monday 3 October
- **HOUSECONCERT AT BLACK SHEEP FARM** Orion Piano Trio. Sunday 16 October, 3pm Tickets: \$ 45 adults. Tel:(09) 4320435 or email homestead@blacksheepfarm.co.nz
- **THE WAIPU SUNDAY MARKET** Next on Sunday 9 October. 9am - 1pm in the Coronation Hall.
- **ART 'N TARTAN** tickets are now on sale. The contest will take place in the Celtic Barn on Friday 14th October at 7.30pm, Saturday 15th October at 2pm, and the Gala Awards night at 7.30pm. Tickets are online from www.trybooking.com and through the Waipu Museum, 36 The Centre, Waipu
- **THE KAURI MUSEUM, 60TH BIRTHDAY OPEN DAY.** A free family festival will be held at the Kauri Museum on Saturday October 15 from 10am-5pm. The Kauri Heritage Festival will celebrate 60 years since the Museum's opening, and is a celebration of kauri, settlers, forests, the harbour and the Kaipara Community. More information to come. The Kauri Museum is open 9am-5pm every day except Christmas Day. 5 Church St., Matakōhe.
- **OTP MARKET.** At OTP Primary School. Next on Sunday 16 October, from 9am - 1pm. Call Sue 021 530 153 to book a stall. Profits donated to Whangārei Hospital children's ward
- **WAIPU STREET AND PARK MARKET Labour weekend Sunday** The Centre and the Celtic Barn & Caledonian Park Waipu. Labour Weekend Sunday 23 October. 9am - 2pm.
- **SPRING ART EXHIBITION AND SALE** at the Art Cottage, Lakeside Park Rd. Labour weekend Sunday 23 October from 10am to 4pm. Paintings, fibre works and pottery by local artists
- **WAIPU MUSEUM** 36, The Centre, Waipu. Open seven days 10am - 4pm. New Tangata Whenua exhibition.

Phone the **BREAM BAY NEWS** - 09 432 0209
or email: breambaynews@xtra.co.nz
if you know of something interesting going on in Bream Bay.



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THE NEXT PUBLICATION DATE

of the Bream Bay News will be Thursday 6 October
The deadline for all copy is 4pm on
Wednesday 28 September

CLASSIFIED ADVERTISING

Costs \$5 for up to 20 words and
20c for each additional word.

Boxed, classified adverts cost \$15 plus gst
Phone your advert through to 432-0209
email it to breambaynews@xtra.co.nz
Post to: Bream Bay News, RD 2 Waipu 0582
or leave it with payment at The Waipu Post Shop
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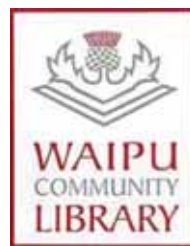
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Thursday, Friday &
Saturday 10am - 1pm.
Tuesday 10am - 4pm.
Phone 432 0375

VOLUNTEERS NEEDED**VOLUNTEERS NEEDED**

Do you have a few hours a week to spare?
Come along & join our volunteer team.
Call into the Museum or ph (09) 432-0746

Marsden Yacht and Boat Club Inc.
PO Box 9, Ruakākā, 0151

WE NEED YOUR HELP

Volunteers Wanted

To share in the enjoyment, satisfaction and fellowship gained from helping to administer our well established and well-resourced Yacht Club. Share the achievements in seeing our junior sailors develop their sailing skills and our sailing dinghy and keeler racing fleets grow. Enjoy being involved in helping to organise and participate in, our social programmes. We are seeking to fill the following positions within our Club:

1. Chairman (Commodore) – should have administration, management and good interpersonal skills.
 2. Vice-Commodore – administers all on the water activities, chairs the sailing committee.
 3. Web Site and Social Media Administrator – will involve club publicity activities
 4. Management and Sailing Committee members
- MYBC has a large resource base and is financially strong. We now need to refresh and renew the management, governance, sailing and social aspects of the club.

If you believe you can help our longstanding local sailing, boating and social activities to continue to provide enjoyment to people of all ages please step forward

Expressions of interest can be given to Alan Alcock on Ph.4328912

JUSTICES OF THE PEACE**Justices of the Peace**

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Trevor Vaile	09 432 0400
Mr. D.A. Scott	09 929 9729
or 027229 9752	
Ken Couper	027 292 0524
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Make contact with a Justice of the Peace
(on any day) and make an appointment to have
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THINKING OF A NEW career?

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PUBLIC NOTICES



Bream Bay Medical Centre Ltd.

Ruakāka Town Centre, Ruakāka

Monday - Friday: 8.30am - 5pm

Saturdays: 9am - 12pm

Marsden Cove Medical Centre

1A Ngawaka Lane, One Tree Point

Monday - Friday: 8.30am - 5pm

Please advise at time of booking
if you require an extended consultation

We will be closed on Queen Elizabeth II Memorial Day
Monday 26th September

Ph: 432 8060

New patients welcome

Flu vaccinations available -
ring for an appointment.



THE BREAM BAY COMMUNITY SUPPORT TRUST

is holding two Community Consultation Hui in October, to allow the community an opportunity to come along and discuss the services the Bream Bay Trust is providing.

We want to hear your feedback and suggestions.

The two-hui will be held on:

- Tuesday 4th of October at 5.30pm
- Friday the 7th of October at noon following the community connection session



PUBLIC NOTICES

WAIPU BOWLING CLUB

4A South Rd

Lawn bowls an activity for all ages

Have a Go Day

Saturday 1st October

Call in anytime between 10am-3pm

Bowls, coaching and lots of encouragement provided Please wear flat soled shoes/jandals

Check out our clubhouse and greens

Enquiries to Ventry Reid 4320325

Marsden Bay Garden Club



Monthly Meetings held
3rd Thursday of the
month.

ALL WELCOME
1:00 pm - Ruakāka Hall
- Sandford Rd
Contact - Secretary -
0210515581

WAIPU HIGHLAND PIPE BAND AGM

Saturday 1st October
2022 3pm
Waipu Caledonian
Rooms



**ANNUAL GENERAL
MEETING**
will be held in the
Senior Citizens' Hall,
Fagan Place,
Mangawhai Heads,
on Sunday
25 September, 2022
at 2pm.
The formal business of
presenting reports
and electing the
committee,
will be followed by:
Guest speaker,
Jacob Ball, who will talk
about his research into
fairy tern foraging.

All welcome
Enquiries to:
info@fairytern.org.

MARSDEN YACHT AND BOAT CLUB INC.

Annual General Meeting and Prize-giving.

Sunday 25th September

Programme:

12.30pm Free Lunch,

followed by Prize-giving and then the

Annual General Meeting

AGM Business: Reports, Election of Officers
WJ Daniel, Secretary"

BREAM BAY SUNDAY CHURCH SERVICES

Presbyterian Camellia Ave, Ruakaka:
8.45am. The Centre, Waipu: 10.15am.
Prayer Service: 7pm

Encounter 223 Marsden Pt. Rd,
Ruakaka, 10am.

Anglican 1st and 3rd Sundays - St Paul's
Ruakaka 2nd and 4th Sundays -
St Peter's Waipu. All services start at
9.30am.

Catholic Holy Family Church,
Ruakaka, 10.30am. Mass or Liturgy of
the Word

Lifepoint. 300 OTP Rd, 10.30am.

MARKETS

WAIPU STREET AND PARK MARKET

The Centre and the Celtic Barn
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Sunday October 23rd 9am - 2 pm



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