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Sleepless nights for Ruakākā Village state house tenants

People living in eighteen Kāinga Ora houses in the Ruakākā Village have been having sleepless nights lately after receiving letters from the state housing agency informing them that there could be "some changes in their community".

The letter told the residents that they could expect a visit from Kāinga Ora staff the following week and they subsequently learned that the parcel of land comprising the western end of Tamingi St., Tiki Place and a portion of Peter Snell Rd. is under investigation for redevelopment.

Some of the affected people have lived in the houses for decades. Des Taurau has lived in his Tiki Place home for close to 40 years and has brought up his family there. He currently has two sons and a grandson living with him. Tau Hita has been in her home for around the same amount of time and says the whare holds many family memories.

Faye Brears can walk to her work at Ruakākā Freshchoice and wonders how she will get by if she is forced to move. She questions the wisdom of demolishing "perfectly good houses". such as hers.

Tui Roman Jnr has children at Bream Bay College, a son who works locally and two pet dogs. She wonders if people will be able to keep pets in a new more intense development. She was recently told she could get a new kitchen installed but thinks it likely that this will now be put on hold.

Leanne Osborne is concerned the community spirit

Wet, muddy but happy in their victory



Waipu's premier rugby team beat the Wester Sharks 28 - 13 in home game played before an enthusaistic crownd, despite the pouring rain, on Saturday afternon 18 June in the Caledonian Park . It was an important match for Waipu and the win has propelled them into fourth place at the beginning of the final round of the Northland premiership competition.

The team will face 8th placed Hikurangi under lights at the Waipu grounds tonight (Thursday 23 June) kicking off at 8.05pm. The Premier Reserve team, currently in 8th spot in the reserve standings will also meet Hikurangi (10th placed) in Waipu on Thursday, with this game starting at 6.30pm.

More photos from the Waipu Rugby home day on page 9





Langs Beach 1178D Cove Road

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4 🚄

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Christine Birss 027 235 4323 christine.birss@bayleys.co.nz

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Dry eye

Dry eye is a common condition that usually affects both eyes. It occurs when you don't produce enough tears or if you produce poor-quality tears. Although anyone can be affected by dry eye it is more common in women, office workers and older people.



Over time, the dryness can damage the surface of the eyeball. Dry eye feels uncomfortable and may sting or burn. You might be sensitive to light, have difficulty with nighttime driving, have blurry vision, or, in some cases, your eyes might water, and wearing contact lenses can be uncomfortable.

Dry eye can be caused by:

- exposure to cigarette smoke, sun, dust or wind
- low humidity environments such as airconditioned rooms, airplane cabins and extreme hot/cold weather
- looking at a computer screen or television for long periods
- some medicines and health conditions

The symptoms can be managed with eye products such as 'artificial tears', gels or ointments. Some products focus on the cause of dry eye, while others can improve your tear quality or stop your tears from quickly draining away from your eyes.

For most people with occasional or mild dry eye symptoms, using eyedrops regularly is enough to improve the symptoms. Some people need to put the drops in several times a day, and some use them only once a day.

Come in and talk to our pharmacist for advice on what product is best to manage your dry eye condition.

THE BREAM BAY NEWS

is published by Bream Bay News Ltd. Address: RD 2, Waipu

Phone: (09) 432 0209 Mobile: 027 432 0070

Email: breambaynews@xtra.co.nz Website: www.breambaymews.co.nz

Editor: Marilyn Cox, , Accounts: Susan McRae

Advertising design :and website maintenance Megan Lea.

Printed by Horton Media

EDITORIAL

Ruakākā Village community connections need to be preserved

I am often in the Ruak \bar{a} k \bar{a} Village, dropping off bundles of papers to members of the Bream Bay News delivery team or talking to people about happenings in their neighbourhood. I have many friends who live in the Village and I have been made to feel welcome when I visit.

I am aware of the strength of that community, how people enjoy one another's company, how much laughter and vitality there is, how children are loved and watched over collectively and how people support one another in times of adversity. It would be really sad if a redevelopment of 18 Kāinga Ora homes in the village had the effect of breaking up those community connections.

But I also know about famileis fored to camp in relatives' living rooms or in backyard sheds because they are unable to find or afford rental housing and I cannot condemn Kāinga Ora efforts to create more and better homes. As Whangārei Member of Parliament Emily Henderson said "We do not want children growing up in garages, cars and motels."

If the redevelopment of those Tiki Place, Peter Snell Rd. and Tamingi Street homes does go ahead I hope it will be in close consultation with the residents of the Village and, in particular, with the people whose homes will be demolished. I hope each person's individual circumstances will be carefully considered and people will be looked after through the redevelopment process. I hope the Käinga Ora redevelopers will take into acount the, deep connections and values of the Ruakākā Village community and be respectful of the memories each of those 18 homes hold.

On a completely different and much lighter, subject - what do you think of the new Bream Bay News masthead? This was designed for us by Karla Cooke who describes herself as a "local creative strategist and marketer with a background in design."

I have always felt that palm tree image, which featured on the old masthead seemed more like a coconut palm on a Pacific island beach. A sea bird image is definitely pertinent to Bream Bay. $_{\text{n},\text{N}}$

Ice skating proves popular

Skating sessions at the mobile ice skating rink, which will be in Waipu from 23 - 26 June were all but sold out on Monday with just a few tickets left to an extra disconight due to popular demand arranged for Friday 24 June.

If you want to still try your luck at getting hold of a half hour slot on the ice or a ticket to the disco you need to book on line at: Skate Tour Waipu

Book your place at the Waipu Lions' Senior Citizens dinner

Plans are underway for the Waipu Lions annual Senior Citizens lunch This year's date is Sunday 24 July and, as in previous years, the venue is the Waipu Coronation Hall.

The doors will open at 12 noon and lunch will be served at 1pm.

To help the Lions with catering numbers please phone Sharon Carroll on 027 265 3227 to let her know you are coming

There will be a hot roast lunch and dessert served as well as non-alcoholic punch Sharon said, "We had a fabulous turn out in 2021, so please make sure to book in to avoid missing out."

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Waipu River Walk opening on 16 July



Late last month the Waipu River Walk committee ticked another successful working bee off the list, with a good turn out and clear weather making for a productive morning. In just a couple of hours the team cleared multiple trailer loads of gorse and wild ginger from the river banks, pruned shrubs and trees, collected rubbish, and prepared

and mulched multiple areas along the path, ready for more native plants. .

A formal opening for the walk is being planned for the morning of Saturday 16 July, all welcome. More details to come.

Possible sale of Waipu's Police house

The Police Department is considering selling the Waipu Police house. An enquiry by the Bream Bay News solicited the terse reply from an unnamed Police spokesperson. "Police is currently looking at the property at Waipu but no decisions have been made at this time."

Under Government regulations the house needs to be offered to other government departments before it is put on the open market and the possible sale has come to the attention of the Whangārei District Council.

Councillor Ken Couper said, "I would love to see it stay as a police house". He thinks it might be difficult for the town to retain a resident officer without being able to offer him or her somewhere to live.

But if the house is sold he would like it to be purchased by the Whangārei District Council and will be putting a case at this week's Council meeting

"It is part of Waipu's heritage and the council doesn't have much of a presence in Waipu. Waipu facilities such as the Caledonian Park are largely owned and maintained by the community."

Bream Bay News understands it is in need of some major repairs.

Donna Finlayson of the Waipu Museum's Genealogy and Research team has found that the land the house, along with the police station and the Post Office (now the Pizza Barn) stands on was purchased by the Reverend Norman McLeod on 19 January 1864. Norman McLeod died in 1866 and Donna notes that it was not uncommon for deeds to be registered well after the date of transaction. In 1874 the land was conveyed from the McLeod family to The Queen.



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If you have ever had the pleasure of meeting James, you'll quickly understand what separates James from others. His charisma, enthusiasm, quick wit and upbeat down to earth nature are a winning combination. But it goes deeper than that...

James has experience, a lot of it. He's been in sales for over 33 years, since he was 15 in fact. His real estate career began back in 2007 in the face of a recession. Arguably the hardest time to start a career in real estate. On reflection, he says, "It was the best time to start. You had to be tenacious, innovative and think outside the square" and it's by applying that positive can-do attitude that's given him and his customers so much success.

James sells more property in Bream Bay than any other single agent.*

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James Alexander

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Scan Here to see how James presents a property

23 June 2022 Bream Bay News Page 5

Sleepless nights for state house tenants

Continued from page 1

that exists in the neighbourhood will be lost. She said people look after one another there.

Tui Roman Senior said the connections people have with one another go back through generations.

Leanne said she doesn't drive and it would very difficult for her if she were forced to move to a location where shops, the medical centre and her elderly father, who also lives in Ruakākā, were not within walking distance. She says if she moves into a small one-bedroom unit she won't have space for her six grandchildren to come and stay.

Leanne said that a house was recently purchased for over \$600,000 by Kāinga Ora to give the agency ownership of the entire block. She said the same house had been sold to a private buyer a few years earlier for around \$200,000.

John Bennett, who purchased a house in Tamingi St. 13 years ago and moved there permanently three years ago, is concerned that intensive housing will lower the value of his property. He said the infrastructure is not in place to support a multitude of new houses and that it would not be good to move families with children into cramped conditions with no back yards for the children to play in.

Kāinga Ora acting Northland Regional Director Taina Jones said, "As the people most directly impacted by any redevelopment, we always talk to our customers first, before plans are confirmed. This can be distressing for our customers, but it's important to note that no decision has yet been made to redevelop these homes. "If redevelopment is confirmed at a later date, our Whangārei staff will support each and every customer in these homes with rehousing, including making sure they are moved to a home suitable to their needs. If

customers want to stay in Ruakākā, we have a policy that we will rehouse them there, or move them temporarily to another home and return them to the community when redevelopment is complete.

"The waiting list for public housing in Whangārei District is currently at just of over 700 applications, so it makes sense for Kāinga Ora to look at all our homes to identify possible redevelopment to make better use of sites and make more warm, dry, modern homes available."

Surveying of the subject land began last week.

Meanwhile concerned Ruakākā village residents held a meeting at the Bream Bay Community Trust last Friday 17 June where Dr. Emily Henderson, Minister of Parliament for Whangārei explained Kāinga Ora is looking at all its holdings to see which ones could be redeveloped. She said it made sense to do this as there is an urgent need for more homes in the district and "we don't want children to have to grow up in garages, cars and motels."

In reply to a question as to whether new state homes could be built on surrounding vacant land zoned for residential development she said the Government needed to be careful about purchasing land as this could push up the price for other buyers. She added that many Kāinga Ora homes are getting "quite old" and are in need of upgrading

Councillor Ken Couper said that he understood that while the redevelopment proposal is worrying for people it could also be seen as an opportunity. He suggested concerned people get organised form a committee and work with Kāinga Ora to ensure the redevelopment works for the residents of the Ruakākā Village. An invitation has been sent to Jeff Murray, the Northland Regional Director of Kāinga Ora to meet with Ruakākā Village residents.



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2 🚐 1 🕅 1 🔓 1 🛁 1 🚔 1,200 sqm 🗅

If you are looking for a Pearler, this 1930's character bungalow is the one.

Beautifully restored with lots of natural timber throughout. The timber paneled doors and architraves have been stripped back giving a lovely warm feeling and a sense of the original state of the home.

This is a home that will enchant you once you see and feel it with its 2 bedrooms, large sunroom, a spacious lounge and a lovely bay window and seat as well as the roomy timber decks.

Sitting on a 1200 sqm section, there is the possibility to subdivide, have a minor dwelling or have plenty of lawn for the kids to play on.

Owned by a craftsman painter, the interior and exterior have recently been repainted, the roof rescrewed and painted and the carpet replaced. With gas hot water, a heat pump and HRV system, LED lighting and an enclosed fire, this home is ready to go.

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For Sale xxxxx

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Letters to the Editor are very welcome

Email them to: breambaynews@xtra.co.nz,
Drop them off at the Waipū or Ruakākā Lotto shops
Or post them to: The Bream Bay News,547 Mountfield Rd. RD2
Waipu, Postcode 0582

LETTERS

Climate change is not going away

What is the point of the Whangārei District Council issuing a Climate Change Emergency if when confronted with proposed development in vulnerable areas it, or its advisors, ignores this as in the case of the Marsden City or the One Tree Point relocated airport? Both these proposed developments have their future access predicted to be compromised by floodwaters as shown in the recently completed Northland Regional Council's flood susceptibility maps. As it is Port Marsden Highway, McCathie Road and State Highway 1 have already been flooded by water from the tidal Ruakākā River and its tributary the Tauroa Stream at least three times since 2011.

However, according to the scientific reports presented on May $1^{\rm st}$ 2022 sea level is expected to rise at a much greater rate than originally predicted so that we have only 20-30 years to prepare.

Of course the rise will not be uniform throughout New Zealand. Much will depend upon land subsidence, uprising or stability. Nevertheless there are already signs that high tide is rising here in Bream Bay and the Whangārei Harbour irrespective of low pressure and storm surges.

How, therefore, are Marsden City and a new airport, as well as the surrounding areas, expected to survive, if within a relatively short time they find themselves isolated from the rest of New Zealand? In planning terms 20 to 30 years is a very short time.

The problem is we still do not know with any degree of certainty just how disastrous the effect of climate change will be. Nevertheless, even if by some miracle the world immediately ceased its green house gas emissions, the sea would still continue to rise for some time as the process of melting land ice in the Polar Regions is already underway. For commissioners and even the consultants Beca to ignore the effects of climate change, preferring instead to leave the matter to central government is surely the height of irresponsibility. We all need to be taking preventative actions now before it is too late, as climate change, including rising sea level, is not going to go away. *Margaret B Hicks*

Ruakākā

More essential services needed in Waipu

It's about time our medical services in Waipu kept up with our growing population. I've recently read about an extensive, 10 million dollar medical services building being built in Mangawhai by Coast to Coast Health, which is the owner of the Waipu Medical Centre. I suspect this could be a move to centralise services and close the Waipu centre. This is my personal view as I have recently, for two months, tried to establish meetings with Coast to Coast Health to establish a new health centre in Waipu that can cope with our growing population, on land right next door to their present establishment, but have had very little response.

I find it sad that development in Waipu has been met with opposition from certain people who don't have the wider view of how our community should develop and service our needs. Why do we still have a dangerous parking situation in front of an overpriced 4 Square that, in reality, can't cope with our needs? Are we destined to travel to Ruakaka or Mangahwai for a decent Supermarket and medical services from now on?

Gordon Mckay Waipu



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In response

In response to the letter from Mr Gordon McKay, Coast to Coast Health Care took over the Waipu Medical Centre in February 2022 including the lease of the current premises which are more than adequate to meet our needs. We have spent the last few months establishing our practise and coping with the effects of COVID especially on our staff.

In March 2022 we were approached by Mr McKay to see if we wished to express an interest in his development and we responded positively. Attempts to arrange a meeting have proven difficult due to our staff shortages so we sought information regarding his plans for the property. We were advised there are none and so we were awaiting an opportunity to visit the site. That now seems unlikely.

It takes years to plan and develop a health facility that involves due diligence and an accurate assessment of demand. The Mangawhai facility took three years to get a resource consent and the next stage was interrupted by a Pandemic We hope it will come to fruition soon. There are no plans to close our clinic in Waipu and it will grow in response to demand.

Dr. Tim Malloy Chair Coast to Coast Health Care 23 June 2022 Bream Bay News Page 7

Don't leave it to chance, get the flu jab.

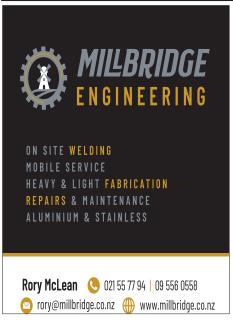


flu jab, visit your doctor or local pharmacy, or call Healthline on 0800 611 116.

Remember, the flu jab is FREE if you're 65+, Māori or Pacific aged 55+, or pregnant.

FLU 2022

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Some new recruits to Bream Bay's St John Ambulance team

Like most ambulance services in New Zealand Bream Bay, St John has been short of ambulance staff over recent months.

While paid paramedics cover the day shifts, volunteers take over from 7pm until 7am in the morning. Last month there were nine nights when the station was not staffed and call - outs were responded to by the Whangārei or Maungaturoto stations.

The good news, however, is that Bream Bay St John has five new volunteers (all women) who are currently going out on shifts as observers. They are soon to begin training and when they become qualified ambulance officers they will go a long way to addressing the current shortage.

The Bream Bay Station lost two volunteer ambulance officers when they moved to Auckland to take up an offer of accelerated training and to help with a severe shortage of ambulance staff in that city. Some have left for day jobs elsewhere and several are on maternity leave. Just one person left due to the Covid 19 vaccination requirement.

The Kaiwaka ambulance station, which previously has responded to calls in Bream Bay, has been closed because Kaiwaka is now covered by the Otamatea station in Maungaturoto which is now a fully staffed station with seven extra paid positions created in 2019 as part of the Governments move to end single crewing of ambulances.

Bream Bay's new recruits are about to begin their training and there will not be another intake until 2023. But Station Manager Karen Fleeming said anyone interested in becoming a volunteer ambulance officer

could try out a shift on an ambulance as an observer to find out if this is something they would like to do. Health and Police checks are requirements for people becoming St John Ambulance volunteers. Bream Bay volunteer ambulance officers commit to one 12-hour night shift per week.

A St John Spokesperson provided the following information:

"St John, as part of Aotearoa New Zealand's health system, has faced unprecedented demand on its ambulance service in recent years, which has been compounded by the pressures of the COVID-19 pandemic. We have appreciated the support of the public, our partners, and the Government during this time.

"We welcome the Budget announcement of funding for the ambulance sector and are still working through the details with our funders, the Ministry of Health and ACC, of what this means for St John.

The spokesperson said there are there are three possible pathways for people interested in becoming ambulance officers

- 1. An academic pathway complete a three-year BHS degree and a six month internship program to become a Paramedic
- 2. A residential pathway complete a six-month intensive residential program to become an Emergency Medical Technician
- 3. And a volunteer pathway complete three courses over six months to become a First Responder, and then complete the New Zealand Diploma in Ambulance Practise programme vocationally over 18 months to become an Emergency Medical Technician.

BAYLEYS







Waipu 148 Cullen Road

Boutique dairy farm in Waipu

Considering the location, quality of offering, proximity to the coast, schooling and recreational pursuits, this is a property without equal on the Northland market. This very attractive dairy farm comprises of 45.4 ha (more or less), set in a picturesque and quiet valley, boasts two dwellings and only 3.1km from Waipu Cove and the beach. Currently, 170 cows are milked through an immaculate 24 ASHB cowshed and producing approximately 75,000kgMS which includes the 19 hectare lease block. The farm is subdivided into 26 paddocks with flat to easy rolling contour. Whether you are looking for rural income in dairy or wanting that large lifestyle property in Waipu, then look no further.

bayleys.co.nz/**1020657**

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Auction (unless sold prior) 12pm, Wed 6 Jul 2022 84 Walton Street, Whangarei **View** by appointment

Catherine Stewart 027 356 5031 catherine.stewart@bayleys.co.nz

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Games all day at the Waipu **Rugby Club**



Four-year-old Tobias Falevaai takes his chance with the ball in the under 5s game against a mixed Mangakawhia/ Waipu team

Waipu Rugby hosted a home day on Saturday 18 June with eleven games in total starting at 8.30 with Under 5s Ripper Rugby through to the Reserve Premier and Premier senior game against Hora Hora in the afternoon.

Right: Lily Winters watches her little brother five- year - old Max's game with her mother Minnie

Lily who later played fro Waipu's under 8s team said she likes scoring tries and tackling people.





Waipu's Under 11s Black team races to head off a Hora Hora try.

Waipu has two Under 11s teams and the Bream Bay News reporter asked some of the Under 11s Yellow team members watching on the sidelines while they waited for their game to begin what they liked about playing rugby. Harry Hoddle, Broclyn Rippingale and Ethan Architton all said "It's a fun sport."

Ethan said it was good to have his brother and parents come along to watch.

Jed Green and Sam Hoddle said they liked rugby because "We get to smash people".

"Don't put that in the paper", said Lisa Jones of Waipu Rugby but then "Oh well. That's boys."



Waipu Pharmacy is getting **Pharmacy** Dispensing Robots!

To celebrate our new service, we are offering the first month's sachet packing to people on 5 or more regular medications FREE. After this, the medicine sachet service will cost just \$1 per week, no matter how many times a day you take your medication!

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Celebrating the past

2001

NZ Health Strategy

2011 - 2016

Balanced budgets until our DHB started getting its funding growth capped

2016

Values – Led organisational values refresh focusing on desired behaviours

2017

Implemented Neighbourhood Healthcare Homes. A locality approach to Healthcare Homes

2018

Ngā Tātai Ihorangi – Initiated Safe Sleep Wahakura, national rollout

2020 - 2022

COVID-19 Pandemic Leadership

2022

COVID-19 Care in Community with Clinical Hub, Regional Coordination Hub and four Kaupapa Māori Hubs

2001 - 2022

We thank our elected and appointed Board members

2011/12 & 18/19

Led two Meningococcal Vaccination campaigns (C and W strain) for Te Tai Tokerau

2014

Initiated Free under 13s for Primary Care a year ahead of national policy

2017

Te Ara Oranga Methamphetamine Demand Reduction

2017

Established Gastroenterology Service

2018

Te Tai Tokerau Waitangi Tribunal Hearing, Wai 2575

2021

Rongoā Māori pilot -Northland DHB partnered with the Rongoā community to co-design the kaupapa across Te Tai Tokerau

2022

Taitokerau Rautaki Hauora 2040 - a strategy and action plan for transforming health in Te Tai Tokerau

Reduced Northland's life expectancy gap between Māori and Non-Māori by 0.9-years, nationally was only a 0.2-year reduction in this gap

2012 - 2019

2013

Patient Safety & Quality Improvement external review with all recommendations implemented

2017

Traffic lights Hospital Road installed

2017

Oncology Service in Kaitaia

2018

Ngā Wānanga o Hine Kōpū - FREE kaupapa Māori labour, birth and parenting programme designed for wahine hapū and their whānau

2021

General Practice Workforce Fund

2021

Sustainability with vehicles Heavily subsidised purchase of 150 EVs

2003

Formation of Primary Health Organisations

2012 - 2020

Social Wellbeing
Governance Group,
response to Youth
Suicide outbreak (20
child and youth suicides
in six months), Family
Violence, COVID-19
response

2015

'Mental Health' initiated external review with all recommendations implemented

2018

After significant negotiation, our funding was returned to a true uncapped Population Based Formula for 2 years

2020

Expansion Cardiology Service

2011 - 2022

Staffing Increases 160 more Doctors 718 more Nursing/HCAs 169 more Allied Health 199 more Admin/Support

2022

Living wage paid to all Northland DHB staff and contracted staff

Developments in the last decade

2022

2010

Detox Unit - Dargaville

2011

Tumanako Mental Health Unit

2014

Jim Carney Cancer Centre, Whangarei Hospital

2015

Tohorā House Whangarei Hospital

2016

Te Kotuku Maternity Unit

2018

Bay of Islands Hospital Stage 1

2019

Tu Kaha Mental Health Sub-Acute Unit Mid North

2020

Endoscopy Unit Opened

2021

Cardiac Catheter Laboratory & Two Additional Operating Theatres Opened

2021

Acute Assessment Unit, Whangarei Hospital

2022

Approval Whangarei Hospital Rebuild; A further \$130m capital works are underway - Bay of Islands Stage 2; Whangarei - Community Mental Health Facility, Te Kotuku Stage 2, New Laboratory, Paediatric Ward, SCBU and Radiotherapy Unit; Kaitaia - Second Operating Theatre, Bowel Screening Programme, Endoscopy Unit, mental Health Sub-Acute Unit

Welcoming the future

HEALTH NEW ZEALAND HAUORA AOTEAROA MĀORI HEALTH AUTHORITY TE MANA HAUORA MĀORI

Why are District Health Boards being disestablished?

Over the course of the last decade, our health system has become increasingly complex with a plethora of organisations and functions now split across national, regional and district entities, including DHBs, Primary Health Organisations, Public Health Units, shared services agencies, and other actors. This growing complexity has driven inefficiencies and has failed to address inequities in care for New Zealanders.

How will these changes improve priority services like mental health?

Currently, one of the greatest barriers to improving care in priority areas such as mental health is the fragmentation of our health system.

New initiatives have to be rolled out across 20 DHBs, ~30 Primary Health Organisations, 12 Public Health Units, and a range of supporting organisations. The complexity of this slows down, and complicates, attempts to improve services nationally. In the future system, Health NZ will be able to easily identify areas where new investment or review are needed and move rapidly to improve services, with less complexity in implementation.

How will these changes affect current health services, like my local GP and hospital?

One of the greatest strengths of our health system is our skilled and dedicated workforce; this workforce will continue to care for our communities in our future health system.

These reforms will not change who your local GP is, or your ability to go to your local hospital or specialist.

For more information go to www.mha.govt.nz www.hnz.govt.nz



Taitokerau Rautaki Hauora 2040 Te Tai Tokerau Health Strategy 2040 Ko te mauri, he mea huna ki te moana The life force is hidden in the ocean

We need to find a new way of doing things – that was the key message from extensive engagement across Te Tai Tokerau with communities, whānau, hapū, iwi, Ngāi Māori and health workers.

Our vision for Te Tai Tokerau is:

- · People live longer in good health
- · Have improved quality of life
- and there is equity between all groups.

This vision aligns with the direction of the nation's new health system that will achieve pae ora / healthy futures for all.

Achievement of this will be measured by the ability of tamariki born today to access and achieve equitable health outcomes as adults in 2040.

2040 is significant as it also represents the two hundredth anniversary of Te Tiriti o Waitangi.

For more information go to www.northlanddhb.org.nz



Bream Bay News Page 12 23 June 2022

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BRIDGE FOR EVERYONE

Bream Bay Bridge Club is offering eight lessons to anyone over ten years of age who loves cards or are looking for a new passion in their lives.

Tracey Lewis will be taking the lessons. She is an experienced bridge player and a Grand Master. Bridge is a wonderful way to meet people and keep your mind active. Emphasis will be on making bridge fun.

Lessons will be offered from the 5th July at 6.30pm for an hour and a half. Access to screen time will be helpful but not essential. You will be offered 'a buddy' to help you along your bridge journey.

The Bream Bay Bridge Club is based at Coronation Hall, Waipu. The cost of the lessons are \$5.00 each or a series of eight for \$30.00.

For more information contact: Dianne 021 255 8160 / diannewarthur@gmail.com or Heather 027 636 5796 / hevsandbob@gmail.com

"Do the best you can at whatever you decide to do"



Frank Gradwell at his 100th birthday party with his daughter Sharon McCormick and piper Logan Dobson.

Frank Gradwell asked what all the fuss was about when a party was held in to celebrated his $100^{\rm th}$ birthday in the lounge at the Ranburn Retirement Home last Friday 10 June 2022.

There was a piper, highland dancers and lots of balloons. Frank rose unaided from his armchair to blow out the single candle on the birthday cake.

Asked by the Bream Bay News reporter if she could call back for an interview he suggested instead she interview his daughter Sharon McCormick who was seated beside him

"She once won a baby contest, although you wouldn't think so now", he said.

He has still got a good sense of humour someone commented.

"Just as well I have one too" said the daughter.

Frank was born in Newcastle upon Tyne in the northeast of England. His mother was Irish from Cork.

He went to work aged 16 years as a cabin boy with the Merchant Navy. From November 1940 to 1946 he served with the Royal Air Force as a mechanic and after the war began a new career as a carpenter building houses.

In December 1952 he moved to New Zealand with his wife and three children. To begin with, the family lived in Dunedin with a sister who had married a New Zealand serviceman. Frank worked for the Fletchers Building Company in Dunedin before moving to Northland for a better-paid job.

He was married for over 50 years. His wife sadly passed away when she was 82 years old. Frank has 15 great- grandchildren - this number helped by a daughter who had five children

.He has been back to England on two occasions to visit family since moving to NZ He says the secret to his long life has been to keep fit, and to do the best you can with whatever you do. He has always had a mischievous sense of humour, which may also have helped.

He said he loved the party, enjoyed his cake and thought the Scottish dancing children and the piper were "marvelous."



Contacts:

Minister - Tom Waight - 432 0534

Mainly Music - Sharon Smith - 432 1050

Toy Library - Julie Malone - 432 0388 Church Hall Hire - Cally James 432 1536

Family Welfare & Foodbank:

Co-ordinator - Helen Matheson - 432 0239

Budgeting Advice - Bruce Matheson - 432 0239

The Crossreads Trust (Financial support) Beter

The Crossroads Trust (financial support) Peter Couper - 432 0524 or email lynettejones@xtra.co.nz

Sunday Services

Ruakaka - Camellia Ave - 8.45am **Waipu** - 50 The Centre - 10.15am

Working with you - for your Community

23 June 2022 Bream Bay News Page 13



Saturday 2 July 10.00am-3.00pm Raumanga Valley Road, Whangarei

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Build, plumb and paint activity
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Visit our hospitality kitchens during our 11:00am Tour

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- Manaaki Marae
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In the future our whānau will grow to include all the other polytechnics and industry training, staff, students and programmes across the land. You'll see Te Pūkenga next to our NorthTec logo more and more as our journey together begins. Our people will still be here doing the same thing, in the same way and in the same places, supporting our learners throughout Te Tai Tokerau. That hasn't changed.

We'll always be here to help you be what you want to be. Noho tata, haere tawhiti – stay close, go far.

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Bream Bay News Page 14 23 June 2022

MARSDEN POINT HIGH TIDES ΡМ ΑM Thu 23 June 2.40 2.6 3.14 2.4 Fri 24 June 3.34 4.12 2.5 2.4 Sat 25 June 4.27 2.5 5.07 24 Sun 26 June 5.18 2.4 5.58 2.5 Mon 27 June 6.07 2.4 6.45 2.5 Tue 28 June 6.53 2.4 7.28 2.5 Wed 29 June 7.37 2.4 8.09 2.5 Thu 30 June 8.18 2.4 8.48 2.5 Fri 1 July 8.59 2.4 9.26 2.6 Sat 2 July 9 38 24 10.04 2.5 10.18 2.4 10.43 2.5 Sun 3 July Mon 4 July 11.00 2.4 11.23 2.5 Tue 5 July 11.43 Wed 6 July 12.05 2.5 12.28 2.3 Thu 7 July 12.50 2.3 2.5 1.18 Fri 8 July 1.37 2.5 2.12 2.4





Ballet for seniors



Leona Bresnehan leads her two ballet students Cheryl Laurie (on the left) and Karen Ainsworth through some exercises

There is some beautiful music playing in the Ruakākā Hall. Leona Bresnehan is conducting her ballet class for seniors.

The atmosphere is serene as teacher and students sway slowly with the music.

Leona says the Ruakākā Hall is a lovely place to hold her class. The wooden floor is made for dancing, there is a custom made ballet barre and mirrors and plenty of windows to let in the light.

Leona has just two students on the day I called in. They were moving their arms in graceful curves absorbed in the music and dance. I didn't really like to interrupt

Ballet for seniors is a big thing in the United Kingdom with specially designed exercises. The Royal Academy of Dance in the UK calls its over 55 years of age dancers - The Silver Swans. Camilla the Duchess of Cornwall takes classes.

The academy's website states "ballet will help improve your mobility, posture, co-ordination and energy levels".

Leona, 81 taught the Royal Academy syllabus in Rotorua but gave that up several decades ago. Because she no longer is a registered Royal Academy teacher she can't use the Silver Swans name for her class.

Like her students she has rediscovered her love of dance.

Cheryl Laurie learned ballet as a child and said she finds herself still using some of the dance moves – when she does stretches, for example, she points her toes en tendu.

Karen Ainsworth has been ill and is finding the dancing restorative. It is helping her to gain back both her physical and mental strength.

"You have to make time to do the things that bring you joy. Since I have been ill this has become so important", she says.

Both women say Leona is a wonderful teacher

Leona began taking ballet lessons aged seven years and went on to become a pupil at what is now the Auckland Dance Centre. She dreamed of becoming a ballerina. She travelled overseas and took lessons in Montreal.

She said, "I started teaching when I finally got over myself and George Bernard Shaw, who famously said in 1903 - 'Those who can, do; those who can't teach." "I discovered that I really enjoyed teaching."

Ballet classes for seniors are held at the Ruakākā Hall on Sanford Rd. near the State Highway One intersection every Tuesday afternoon from 1.30pm to 2.30pm. Classes cost \$10 per lesson.

Anyone wanting more information can email Leona at the address: balletrka@gmail.com

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Robots at the Waipu Pharmacy

Waipu pharmacy has invested in two robots to help with dispensing medications.

Pharmacist Brenda Wells said the robots – one will count out tablets and the other package them are "going to allow us to process scripts much faster and therefore free up pharmacist time to work on new initiatives such as setting up a vaccination service." Rather than pharmacists sorting tablets into trays the

Rather than pharmacists sorting tablets into trays the packaging robot will be able to sort multiple tablets into sachets so people can easily remember which pills they need to take in the morning, at midday or in the afternoon.

Brenda said sometimes if people are taking multiple

medications at different times of the day it can get quite confusing and the labeled sachets will make this easier.

She said in the nine years she has owned the pharmacy it has become very busy with lots of new people moving into Waipu.

"To begin with it was just myself and someone in the shop. Now we have a second pharmacist, a technician and two people in the shop every day."

She said the robots would enable her and her staff to spend more time talking to people about their health and medications.

Bream Bay News Page 15 23 June 2022

"Last chance to post your best wishes!"



After 35 years as our local posties, Steve and Lyn Jones are moving on to a well-deserved retirement. In appreciation of the fabulous service they've provided to the Waipu Community, we would love you to come along and join us for a 'thank' you' afternoon tea to be held in the Celtic Barn on Saturday 16" of July at 2pm.

WHAT'S ON **IN BREAM BAY**

- OTP MARKET. At OTP Primary School. Sunday June 26, from 9am -1pm. Call Sue 021 530 153 to book a stall. Profits donated to Whangārei Hospital children's ward
- ICE SKATING RINK IN WAIPU 23 -26 June. Business House curling competition on Thursday 23 June.
- THE KAURI MUSUEM, MATARIKI SCHOOL EXHIBITION Te Taiao – the natural world. June 24 until July 24, The Kauri Museum is open 9am-5pm every day except Christmas Day. 5 Church St., Matakohe.
- PAPAROA ARTISAN MARKET Locally produced arts, crafts and food. On Sunday June 26 from 12noon to 4pm, then ongoing on the 4th Sunday of every month. In the Paparoa Memorial Hall.
- COMMUNITY BINGO on Wednesday 29 June At the Waipu Citizens and Services Club. Calling starts at 7.30. Restaurant open from 5.30pm. This is an open event and anybody is welcome
- RUAKAKA RACES Next on Saturday 2 July. The Northpine Waipu Cup. Wear you best Tartan. Then on Saturday 16 July The Northern Regional Winter Championships. 12 noonstart both days. Free entry.
- MUSIC CLUB at the Ruakākā Recreation Centre. Next on Monday 4 July 7pm to 10pm.
- ANGLICAN CHURCH FAIR In the Tamingi St church hall. Saturday 9 July from 9.30am
- THE WAIPU SUNDAY MARKET next on Sunday 10 July. 9am 1pm in the Coronation Hall.
- WAIPU LIONS SENIOR CITIZENS DINNER Sunday 24 July from 12 noon. in the Waipu Coronation Hall. Please RSVP to Sharon Carroll - 027 265 3227
- WAIPU MUSEUM 36, The Centre, Waipu. Open seven days 10am 4pm . New Tangata Whenua exhibition.
- THE RED DOOR GALLERY. New work by 60, mostly Northland, artists. Runs until the end of January. Gallery open Friday - Sunday 10am - 4pm. The gallery is in the old Waipū Fire Station on The Braigh

Kaiwaka to Whangārei

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9.00am	Departs	Kaiwaka Kaiwaka Hall			
9.15am	Departs	Mangawhai Village Village Shops Bus Stop (by restrooms)			
9.20am	Departs	Mangawhai Heads I-Site			
9.35am	Departs	Langs Beach Corner of Wairahi and Cove Roads			
9.40am	Departs	Waipū Cove Beach Car park			
9.50am	Departs	Waipū Monument Bus stop			
10.10am	Departs	Ruakākā Peter Snell Road (opposite Takutai Place)			
10.50am	Arrives	Whangārei Rose Street Bus Terminus			
AFTERNOON					
3.00pm	Depart	s V	Whangārei Rose Street Bus Terminus		

Ruakākā Peter Snell Road (opposite Takutai Place)

Waipū Monument Bus stop

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Mangawhai Heads I-Site

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Kaiwaka Kaiwaka Hall

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WEDNESDAY BEFORE YOU WANT TO TRAVEL. CITYLINK For travel within Whangärei see CityLink Whangärei timetable www.citylinkwhangarei.co.nz or get your timetable from the Rose Street office.						
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7711120 \$20.00 por p	erson reti	urn trip.				

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Departs Ruakākā Beach



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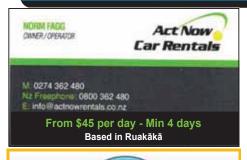
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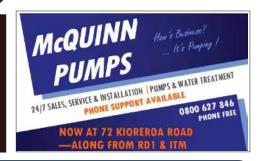


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THE NEXT PUBLICATION DATE

of the Bream Bay News will be Thursday 7 July The deadline for all copy is 4pm on Wednesday 29 June

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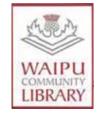
• Driver Mentor Programme
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Our weekly Community Connection meetings topics this month are 17th June - Where to access food support, 1st July - What activities are available in the community and on the 8th of July - As requested, Talent Friday - we offer you an opportunity to share your talents with the group.

We have a new website www/bbtrust.co.nz and encourage everyone to take a look.

We have been asked by the community what other services operate from the trust and we will be adding these to the website shortly. All appointments for these services are made with the individual agency themselves.

LIBRARY HOURS



Monday, Wednesday, Thursday, Friday & Saturday 10am - 1pm. Tuesday 10am - 4pm.



RUAKAKA COMMUNITY LIBRARY
Takutai Place, Ruakaka
432 8406
Mon - Fri 9:30am-3:30pm
Sat 9am-1pm
JP Service available
Saturdays 10am - 11am.

MARKETS



OTP Artisan Market

One Tree Point School field Fundraiser for Whangarei Hospital Children's Ward Sunday 26 June 9am to 1pm. Spaces available call Sue 021 530 153 or 09 432 8112 Come and Support Local.

YES! WE ARE TO HAVE A
FAIR ONCE AGAIN!
ANGLICAN CHURCH HALL
TAMINGI ST RUAKAKA
SATURDAY 9TH JULY
9.30 AM
WOULD YOU LIKE TO HAVE
A TRADING TABLE?
LET'S TALK – PH LOIS
0212937176
SEE YOU THERE!

CLASSES

FREE TRAPPING WORKSHOP

To be held at the Ruakākā
Recreation Centre
On Sunday 3rd July at 2pm
Approx 2 hour session
followed by
afternoon tea.
Tutor is Graeme Giles
Coordinator for Piroa Brynderwyns
Landcare for 5yrs

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PUBLIC NOTICES



Protecting Plant Communities with Pest Control in Ruakaka Wildlife Refuge

Bream Bay Coastal Care Trust and Northland Regional Council with support of the Department of Conservation plan to reduce rabbit numbers in the Ruakaka Wildlife Refuge.

Why we are controlling rabbits

To protect conservation values and improve native plant survival rates on rabbit prone land within the Ruakaka Wildlife Refuge

Environmental effects from rabbits include:

- Depletion of plant communities and reduction in indigenous flora diversity in coastal habitats.
- An increase in areas of bare land as well as soil disturbance.
- A reduction in soil organic matter, and deterioration of soil nutrients and structure.

Pindone operation

The following toxin will be used:

 Pesticide use #72 - Pindone 0.25g/kg Cereal pellet (RS5 Rabbit pellets) – Hand laying.

This operation consists of three separate toxin applications over a four week period in June and July, an application every 7 - 10 days. Baits will be hand laid in a 50x50 metre grid through the operational area, placed on of squares of weed matting pegged to the







Why we are using this method

Densities of rabbits throughout the reserve are increasing. Pesticide offers the most cost-effective way to reduce the rabbit population to low levels. The aim of the control operation is to reduce rabbit infestations to achieve a high native plant survival rate.
The Bream Bay Coastal Care Trust is a local community group formed to help protect the native biodiversity and restore the habitat of the Wildlife

New Zealand Governm



Bream Bay Medical Centre Ltd.

Ruakāka Town Centre, Ruakākā

Monday - Friday: 8.30am - 5pm Saturdays: 9am - 12pm



Monday - Friday: 8.30am - 5pm

Please advise at time of booking if you require an extended consultation

Ph: 432 8060

Flu vaccinations available - ring for an appointment.

WAIPU BOAT AND FISHING **CLUB INC** ANNUAL **GENERAL MEETING**

Sunday, 26 June 2022 at 2 pm followed by a catered afternoon tea

at the Clubhouse, 100 Nova Scotia Drive Waipu waipuboatandfishingclub@gmail.com

Please note change of start time from the time advertised in the last issue of the Bream Bay News

CORONATION HALL AGM

Wednesday29th June, 2022 at 7pm in the Coronation Hall, Waipu All welcome.

NOTICE OF MATA HALL AGM

Sunday 26 June at 11.00 at the Hall. Come along and support your Hall, offer your experience and ideas. ALL WELCOME Enquiries to 027 4322462

Ruakaka Recreation Centre - AGM

Date: Monday 27th of June 2022 at 7pm Place: Ruakaka Recreation Centre 9 Takutai Place Ruakaka For more information please contact Christine on 4327962 (8am – 2pm)

Everyone is welcome

RUAKAKA RESIDENTS AND RATEPAYERS ASSOCIATION

The next meeting of the Ruakaka Parish Residents and Ratepayers Association was scheduled for Tuesday 12 Julyat 7pm in the Ruakaka Recreation Centre, Takutai Place, Ruakaka

WAIPU RESIDENTS AND RATEPAYERS ASSOCIATION

The next meeting of the Waipu Residents and Ratepayers Association will be held at 7pm on Wednesday 29 June in St Peters Anglican Church, Nova Scotia Rd., Waipu. All welcome.

Justices of the Peace

Ruakaka

Paea Paki 09 432 8262/021 149 1625 Darrell Trigg 09 432 7256/021 332 901 09 432 8215 Ken Orr JM Archibald 021 227 4355 Wayne Buckland 09 432 8226

Ext 703

One Tree Point

0274 777 210 Jules Flight

09 432 7868/021 612 442 Sir John Goulter MM Jolley 027 415 9486

0274 300 418

Ian Bogue Waipu

Trevor Vaile 09 432 0400 09 929 9729 Mr. D.A. Scott

or 027229 9752

Ken Couper 027 292 0524 Angela Stolwerk 021 823 966

Make contact with a Justice of the Peace (on any day) and make an appointment to have your documents completed.

Waipu Beekeepers Club inc **AGM**

Tuesday 12 July, 7pm start (6pm social time) Porthouse Bar and Eatery, finger food provided All welcome

Guest speaker after the AGM is Alastair Little who will be talking about his experiences with American Foul Brood, plus sharing some pictures of his beekeeping related projects.

BREAM BAY SUNDAY CHURCH SERVICES

Presbyterian Camellia Ave, Ruakaka: 8.45am. The Centre, Waipu: 10.15am. Prayer Service: 7pm

Encounter 223 Marsden Pt. Rd, Ruakaka, 10am.

Anglican 1st and 3rd Sundays - St Paul's Ruakaka 2nd and 4th Sundays -St Peter's Waipu. All services start at 9.30am.

Catholic Holy Family Church, Ruakaka, 10.30am. Mass or Liturgy of the Word

Lifepoint. 300 OTP Rd,10.30am.

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Harcourts Waipu

By Negotiation

- 3 bedrm, 2 bathrm brick & tile home
- Generous sized 707m2 flat section
- Situated in a popular sub-division surrounded by quality homes
 - Spacious open plan living with two large ranch-sliders, flowing out from the lounge to a covered patio area
- Modern tiles in the bathrooms, extra wide hallway and wheel chair friendly doors
- Double glazing and heat pump adds to the homes warmth
- Double garaging with internal access Easy short stroll to Waipu village

Roger King 0277 555 001 WΔ12294

Sitting Pretty on Argyle Street \$795,000

- Beautiful 1930's character bungalow will tug at your heartstrings!
- Vintage charm with rambling garden
- 2.5 bedrooms on a 692m2 section
- Many of the original features have been retained including beamed ceilings
 - Sunroom could be extended to a bigger master room or third bedroom
- New insulation, wiring, dishwasher and an HRV system
- Off street parking and garage/workshop
- Established section with rich deep topsoil
- Backs on to Waipu Primary School Short walk to Waipu village

Mike Ferris 021 543 005 WAI2299

Harcourts Waipu

Frazerhursť

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- Locally based in Whangārei
- · Our showroom has a comprehensive range of product
 - Free loan sample service
 - · Customer satisfaction guaranteed



146 Lower Dent St. Whangārei Ph: 09 438 3986 www.frazerhurst.co.nz

EXCEPTIONAL HOME WITH GRAND GARAGE

Breath-taking views over Bream Bay to Mt

Large 340m2 home set on 4.22ha.

5 Bedrooms + office + 3 bathrooms.

Multiple garaging + extra workshop



BREAM BAY REALTY LIMITED (LICENSED: REAA 2008)

Shop 11 | Town Centre | Ruakaka 0116 | NZ PH: 09 433-0300 | bbrealty.co.nz info@bbrealty.co.nz





OPEN HOME—SUNDAY 11.00—11.45am 7 Bream Bay Drive, Ruakaka

BEST MAN CAVE AT THE BEACH!

Idyllic 1970's three bedroom bach with plus triple car garaging plus single car garage plus large rumpus and extra bathroom. A top summer spot and approx 650m level walk to the surf beach. Set Date of Sale—Closes 28/6/2022 (unless sold prior) | bbrealty.co.nz #4110

FRANCIE STOKES Mob: 022 656 0165

DITCH THE CAR

This 3-bedroom family home has a no fuss open plan living area with a well-appointed kitchen which leads through to a separate laundry. It has had a comprehensive facelift which cleverly includes decking from the front door to the standalone fully lined and nsulated garage/sleepout. Fully fenced. Price by Negotiation | bbrealty.co.nz #4101 JANINE GOLDSMITH AREINZ Mob: 021 432 793



Across the road to the Reserve & an easy flat walk to Ruakaka Surf Beach. Three bedroom home on 809m2 with double garage, carport, workshop & extra sleeping space for family & friends. Privacy to relax and enjoy BBQ's. Easy flat walk to the white sand Ruakaka Surf Beach & popular Bach Café. Price by Negotiation | bbrealty.co.nz #4097 **FRANCIE STOKES**

Mob: 022 656 0165





Mob: 021 317 775

FIONA SOUTHORN MNZM

Manaia

Price by Negotiation

bbrealty.co.nz #4111

BEACH, TOWN & COUNTRY Set on half an acre in the heart of Ruakaka, this fantastic property offers 6 car garaging and a great outdoor area for entertaining. This large family home offers plenty of space to play with. 4 generous sized bedrooms, 3 bathrooms and a study area.

Price by Negotiation | bbrealty.co.nz #4103 JOANNE DEWSON AREINZ Mob: 021 780 622

SUN TRAP

Designed for the light and warmth of our Northern sun, this home has size and scope deceptive from first glance. With 3 good sized bedrooms & 2 tiled bathrooms this architecturally designed house has a large open plan living, dining & kitchen area with twin stacker doors opening onto a patio. Price \$845,000 | bbrealty.co.nz #4105 JANINE GOLDSMITH AREINZ Mob: 021 432 793



